

# CA Flyers Questions & Answers

**Q: Why should I choose California Flyers?**

A: Because WE ROCK! Our Recipe to having successful teams has been proven year after year. Our cheerleaders experience it all; Fun, Friendships, Activities, Challenges, Dedication, Focus, Energy, Trust, Confidence and so much more... Our cheerleaders and families are rewarded with Accomplishments, Satisfaction, Appreciation, Growth, Improvement, Family & Friendships and a home they can call their own because of their dedication to something unique and special!

**Q: What does Team Membership Include?**

A: All Administrative fees & team supplies (i.e., insurance and membership fees for participation, first aid kits, team competition kit, batteries, etc.) for the entire season.

**Q: Why is California Flyers worth it?**

A: Our family oriented program, staff and gymnasium are among the top programs Nationwide. Our instructors are trained in competitive gymnastics and cheerleading, and are leaders in the industry for safety & proper progressions. Our teaching and choreography styles are unmatched, and have been proven year after year by our award winning teams. You can see videos of our teams on our message board at [www.californiaflyers.org](http://www.californiaflyers.org).

**Q: What are the uniforms like this season?**

A: We are working on a BRAND NEW LOOK for our teams this year! We are judged on appearance and style at competitions and are considered to be on the edge of INNOVATION! We will have a full length uniform top that has mid-section coverage for our Shooting Star Full and Mid-Season Teams, and a crop top for Air Force Members. All Teams will have matching skirts and warm-ups.

**Q: Why is the monthly tuition different for "shooting stars" & "airforce" if they are both full-season programs?**

A: The difference in monthly payments is the amount of practice hours each week, amount of competitions, etc. Pick up our NEW 2011-2012 brochure which defines each program.

**Q: Will you have the same teams as last season (Tiny Twinklers Tiny 1, Skyraiders Youth 2, Kamikazes Sr 2, X-treme Sr Open 5)?**

A: Our teams and the names we give them are based on the cheerleaders that join our program. Our teams compete at different levels each season, and the sizes of the teams can change from small to large depending on the levels and numbers of cheerleaders that join. We form teams after evaluations/spring training with the cheerleaders that join the program.

**Q: What is Spring Training and when does it start?**

A: Spring Training is an opportunity to work on your skills in preparation of the upcoming season. You will be sent an email after evaluations telling you the date and time of your Spring Training session. Spring Training will begin the week of May 16, 2011 and last 3 weeks (June 3rd - 1 spring training session per week).

**Q: When do we find out what teams we are on, the practice schedule, and a holiday calendar?**

A: We will send an email to announce the Teams prior to the Welcome Party, Sunday June 5, 2011, as well as a practice schedule. We will also email you a password for our private team pages on our website which will post the team information.

**Q: What do we do at the Welcome Party?**

A: At the Welcome Party we get acquainted, introduce the teams, coaches, season schedule, and other important information. Attendance is mandatory for all members and one parent/guardian/representative. So much valuable information is distributed that you DON'T WANT TO MISS THIS!

**Q: What Level team will I be on?**

A: There are several factors that determine placement on teams, such as; tumbling, jumping, motion & dance technique, as well as, work ethic, desire, motivation, and ability. Also, each team needs certain numbers of positions filled such as flyer, back base, etc. The level for the competing team will be determined by what the majority of cheerleaders' skills are.

**Q: What are some advantages of being on a CA Flyers Team?**

A: Our team members excel 2-4 times faster than those that only take a tumbling class. Our members have consistently graduated from our program and made Jr High, High School, College and Open Teams of their choosing. We train ALL-AROUND cheerleaders, and teach them progressively so that they are learning at their pace, and are learning the proper foundation. As long as you are a current CA Flyers member, your account is in good standing, you are entitled to CA Flyers discounts on classes, open gymtimes and more. All discounts are listed on our Gymcheer USA pricelist at the Front Desk.

**Q: Are competitions mandatory?**

A: YES! In addition, it is mandatory for team members to be present at the practices the week before each competition. Details are listed in the Guidelines packet that will be distributed at the Welcome Party.

**Q: What if an emergency arises, or my child gets sick or injured before a competition?**

A: We register for competitions at the beginning of the season. This is why we divide out all the costs throughout the year. If we didn't, you would have to pay for the majority of the season within the first 3 months. There are no refunds for these costs (fees may apply-see annual guidelines). It is imperative that when a situation arises with your cheerleader, you contact the front desk and coaches immediately. The team needs as much time as possible to make the necessary changes to the routine in order to still be able to compete safely. We will also need a doctor's note on file, and we recommend the team member still attend the practices and events, if able. This helps the cheerleader to remain a part of the team and the competition experience.

**Q: Are practices mandatory?**

A: Practices are extremely important as the team builds power, endurance, flexibility, tumbling, and trust with each other in stunts, so that they can be successful and safe. While we understand there may be times when you cannot attend, we also need to keep the team moving forward, and if need be, your position may be offered to another cheerleader. We do expect that cheerleaders attend each and every practice.

\*Excessive absences will result in the team member not being trained as extensively as other team members. Therefore, for safety reasons, it will affect their position in the routine. and/or on the team.

**Q: What if my daughter is sick on a practice day?**

A: All Cheerleaders are encouraged to participate as much as possible. For things such as aches, pains, and just not feeling 100% we ask that you try to attend and see what you can do. When athletes get warmed up the blood flows better and endorphins are released and sometimes they naturally feel better. Attending practice and walking through the routine with motions only, is beneficial to the team. As is showing up to support the team with spirit and to visually see any changes to the routine. If you are not practicing, we ask that you call us ahead of time to let us know so that the coaches can make adjustments to lesson plans (absences affect the entire team and what the team can practice - your cooperation in this is appreciated).

**Q: Once the routine is taught will the cheerleader's part stay the same the rest of the season? What if the cheerleader's tumbling wasn't choreographed in, does that mean it never will be?**

A: No and no. The routine is constantly changing. As the team gets stronger we will challenge them to higher levels of skills. Changes may be made throughout the season to accommodate the needs of the team. Doing what is best for the team is always the priority.

**Q: Is tumbling incorporated into team practices?**

A: Yes and No. Summer training incorporates tumbling, motions, dance, jumps, stunts, strength and flexibility for the individual, and training in stunts for the team. Once the routine is taught, practice time is limited, and there is not much time before our competitions begin. From that point on, we will be teaching, upgrading and perfecting our routine. We do recommend tumbling classes in addition to team training (for Airforce teams Team Tumbling is included and required Sept thru March).

**Thank you for participating in the California Flyers All star Program! We look forward to adventures, new challenges and exciting events. If we missed a question that you want to know - JUST ASK ☺ !**